

## How to calculate your living costs in Shanghai?

Note: Living costs in China depends a lot on your personal lifestyle. The following price is only an estimated cost for your reference.

1 RMB = 0,108 EUR = 0,146 USD (2010) \* please check the most updated exchange rate with your bank or online

	1 RMB	0,107 EUR	0,146 USD
<b>Before your travel to China</b>			
Visa for China (it varies from country to country, please check the nearest Chinese Embassy/Consulate)			
<b>After your arrival in Shanghai</b>			
Airport Taxi from Pudong International Airport to your Hotel/Apartment (one way)	180	19,26	26,28
Airport Shuttle (Pudong) to City Centre (one way)	20	2,14	20
Airport Maglev Train (Pudong) to City (metro station) one way	50	5,35	7,3
<b>Residence Permit / Police Registration</b>			
Administration Fees (payable to ESAI) - Semester Programme only	1400	149,8	204,4
Administration Fees (payable to ESAI) - Summer Programme only	1000	107	146
<b>Your room in Shanghai</b>			
A Single-room in a Shared flat/apartment (monthly rent including bills, 2000-3500 rmb per month)	3000	321	438
A Single hotel room in a nearby hotel (3 mins walking distance to the School, 100-150 rmb per night)	150	16,05	21,9
<b>Your daily life in Shanghai</b>			
<b>Food</b>			
Breakfast at a Chinese restaurant	10	1,07	1,46
McDonald's Breakfast set menu	15	1,605	2,19
Chinese set lunch nearby ESSCA/ESAI Shanghai	20	2,14	2,92
Western set lunch nearby ESSCA/ESAI Shanghai	25	2,675	3,65
McDonald's set menu	23	2,461	3,358
Drink (soft drink or beer in a bar)	30	3,21	4,38
Japanese buffet dinner (all inclusive) in city centre	150	16,05	21,9

**Travel**

Bus ticket (one way)	2	0,214	0,292
Metro ticket (one way min. fare)	3	0,321	0,438
Taxi (starting fare 12 RMB per first 3 kms, afterwards 1 km at 2.10 RMB)	12	1,284	1,752

**Shopping**

Check your grocery shopping online: <http://e-shop.carrefour.com.cn/index.do>

Icetea (500ml)	1,7	0,1819	0,2482
Orange Juice (500ml)	2,2	0,2354	0,3212
Pepsi Coke (600ml)	2,2	0,2376	0,3212
French baguette	3	0,321	0,438
Bread loaf (300gr)	4,2	0,4494	0,6132
Chicken 1 kilo	25	2,675	3,65
Beef 1 kilo	55	5,885	8,03
Egg (box of 30)	30	3,21	4,38
Tomato 1 kilo	24	2,568	3,504
Carrot 1 kilo	6	0,642	0,876
Cucumber 1kilo	12,4	1,3268	1,8104
Banana 1 kilo	7	0,749	1,022
Apple 1 kilo	20	2,14	2,92
Kiwi 1 kilo	44	4,708	6,424

**Leisure & Holidays**

Shanghai Musuem	Free	Free	Free
Cinema Ticket (one)	50	5,35	7,3
Foot massage (1 hour)	80	8,56	11,68
ATP Tennis Masters Cup Shanghai (ticket price varies) Oct 2009 (day ticket starting from 280 RMB)	260 (*2008)	27,82	37,96
Formula 1 Shanghai (ticket price varies) April 2009 starting from 160 RMB per day ticket	160	17,12	23,36
One way train ticket to Beijing (sleeping couchette)	600	64,2	87,6
Youth hostel in major cities (shared dorm room from 50 RMB per person per night)	50	5,35	7,3